Flip the consultation – a dialogue led by the BIK Youth Panel
DO YOU KNOW SOMEBODY WHO EXPERIENCED BULLYING, HARASSMENT OR SOMETHING SIMILAR ONLINE?

- Yes: 56%
- No: 41%
- Didn’t want to answer: 3%
IF YOU NEEDED TO, WOULD YOU CONTACT A HELPLINE?

- Yes: 32%
- No: 31%
- Only if I couldn't solve with my family and friends: 36%
- Didn't want to answer: 1%
TABLE DISCUSSIONS

1. Introduce yourself
2. Do you think that it is a type of online violence?
3. Why do people do it? What’s the motivation?
4. What can be done against it?
5. What do you do to prevent it?
6. Why aren’t we doing other things to prevent it?
CYBERBULLYING HELPLINES
WESTERN EUROPE

UNITED KINGDOM
0844 846 8672

IRELAND
1800 208 801

NORTHERN IRELAND
08434 846 846

BELGIUM
0800 2 1212

FRANCE
0800 200 600

LUXEMBOURG
022 70 09 99

NETHERLANDS
0900 438 3800

PORTUGAL
800 239 090

SWITZERLAND
1460 146 146

STAF
900 130 137

JESS
England
13 years old

Hello
I love to sing and dance; basically everything to do with performing! I have met so many like-minded people online, and want to show young people that the internet can bring people together and change the world.

I believe that the internet is an incredible place, filled with endless information and possibilities, and I want to inspire people to use it to its full potential and enjoy what is has to offer.

PROS AND CONS

INSTAGRAM

A REAL STORY

Being I have been bullied many times before it makes me not want to live in this world anymore. I’ve been called probably every name out there. It really hurts. I sometimes contemplate suicide but I think where will that get me? I would only end up hurting the ones that I love.

- a 14 y.o. girl from WA, USA

*cyberbullying.org/stories
CYBERBULLYING HELPLINES
WESTERN EUROPE

UNITED KINGDOM
UK SAFER INTERNET CENTRE
0844 381 4772
SAFERINTERNET.ORG.UK

IRELAND
HOTLINE IE
1890 610 710
HOTLINE.IE

NETHERLANDS
MELKHOP
0800 28 28 280
MELKHOP.NE

FRANCE
NETEOCUTTE
0800 200 000
NETEOCUTTE.FR

LUXEMBOURG
BEE SECURE
8002 1234
BEE-SECURE.LU

BELGIUM
CHILDFOCUS
116 000
CHILDFOCUS.BE

SWITZERLAND
MOBBING-ZENTRALE.CH

PORTUGAL
LINHA INTERNET SEGURA
800 219 090
INTERNETSEGURA.PT

SPAIN
INTERNET SEGURA FOR KIDS
900 116 117
ISAK.ES
PROS AND CONS

INSTAGRAM
A REAL STORY

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HAVE YOU GOT ANY QUESTIONS?
FROM ONLINE VIOLENCE TO DIGITAL RESPECT

SAFER INTERNET FORUM 2019

Thursday, 21 November 2019
Crowne Plaza Hotel, Brussels, Belgium