

Research suggests many parents in the UK don't know if their children are old enough to use social network sites like Facebook or Snapchat (NSPCC 2017).

Do you know what websites or apps your child uses online?

Do you know the age restrictions for the apps your child uses?



Top E-Safety Tips from The **Digital Leaders**

- Don't post anything personal online (Jonathan)
- Remember that some people may lie about who they say they are online (Abdul)
- Keep your privacy settings as high as possible (Yasmin)
- Think carefully before posting pictures or videos of yourself (Michalina)
- Don't meet up with people you meet online (Micah)
- Don't share your locations with strangers online (Bertan)
- Learn how to block people you don't know who try to meet you (Marcel)
- Avoid making friends with people you don't know online (Barbara)
- If you see something online that makes you feel uncomfortable or unsafe tell a trusted adult immediately (Paige)
- Never share your password (Humeyra)









Online Safety Leaflet for **Families**

Dear Parents....



Do you know what e-safety is?

Do you know what your child is doing online?

> Do you know how to use parental block/control?

Do you know what CEOP is?

Do you know what makes a strong password?









Parents, it is not appropriate for children of a primary school age to have **accounts** for these apps or websites:



18 + years



13 + years



13 + years



13 + years



13 + years



13 + years



13 + years

Please note, Google + (Google Plus) is different from Google.

Parents, what would you do if you saw something online that you didn't like? If you need advice please go to CEOP:

www.ceop.police.uk/safety -centre

Parents, **be careful** with these websites/programmes. Although they are age appropriate please look at the privacy settings carefully...









This leaflet was 100% designed and written by the Viridis digital leaders.